



## Canada - Time Zones

Because the earth is round, the sun rises earlier in eastern Canada than in western Canada. School starts earlier in the east and people go to bed earlier in Newfoundland than in British Columbia. Canada is divided into six **time zones**. Each time zone is one hour later than the next zone to the east, except the Newfoundland Time Zone which is only half an hour later.

1. Canada has \_\_\_\_\_ time zones.
2. If it was 5:00 p.m. in Sydney, it would be \_\_\_\_\_ in Calgary.
3. If it was 11:00 a.m. in St. John's, it would be \_\_\_\_\_ in Moncton.
4. If it was 12 noon in Ottawa, it would be 9:00 a.m. in \_\_\_\_\_.
5. On the map below, put 10:00 a.m. for the time in the Central Standard Time zone. Now fill in the correct time for the other time zones.

